### ANNUAL REPORT FISCAL YEAR 2021



Help for Today. Hope for Tomorrow.

Mental Health & Addiction Services



Over the last year, the pandemic has continued to impact all of us. At Ravenwood Health, we have learned how to live with COVID-19 and became very familiar with virtual tools such as Zoom and Microsoft Teams. We grew even more grateful for our local community partners like the Geauga Board of Mental Health and Recovery Services, the United Way Services of Geauga County, and the Cleveland Foundation for their increased support to our clients during this difficult and unique time.

The Chardon Chamber of Commerce presented us with an Organization of the Year Award at their Annual Meeting on July 17, 2020. During his presentation, Senator John Eklund said some lovely things about Ravenwood Health, including that we are, "among the best behavioral health agencies in the state of Ohio."

Our focus on diversity and inclusion became more focused. Members of our executive team attended a presentation on "Awake to Woke to Work: Building a Race Equity Culture," and participated in, "What Is Racial Trauma? Understanding How Trauma Affects the Black Community," presented by the National Council on Behavioral Health. We committed to a six-month self-assessment process offered by the Ohio Children's Alliance. Ravenwood Health has also implemented a diversity, equity, and inclusion committee to help educate staff and evaluate methods to further our understanding.

#### YEAR IN REVIEW



VICKI CLARK, PRESIDENT & CEO

Our agency adopted "Just in Time Scheduling," for our psychiatric team to facilitate better access to care. While there have been bumps, more clients are served, and there are significantly fewer no-shows and cancellations.

While settling into our site on Ravenwood Drive, we continued to expand throughout the community. The John Murray Center found a new home at Woodiebrook Gables Plaza on South Street in Chardon. We opened a new recovery home for men in the Middlefield area and are renovating a recovery home in Huntsburg that will serve women.

Our third annual Anthony Donofrio Memorial Golf Outing was held on Sunday, June 13, 2021, and was by all accounts a success. The attendees were all committed to supporting his family and the work of Ravenwood Health's addiction and recovery services.

It was a year of challenges and successes. I am forever grateful to our partners, clients, and Ravenwood Team members for all they do to promote mental health and recovery in our community.

Mental Health & Addiction by the Numbers

#### 113,000 **OHIOANS**

age 12-17 suffer from depression.

increase in mental health/substance abuse service requests was reported by the United Way of Geauga County in 2021-22.

169 million

adults in Ohio have a mental health condition.

In February 2021,

43.2% of adults in Ohio

reported depression or anxiety symptoms.

19% were unable to get counseling or therapy.

dies by suicide every

On average, one

person in the U.S.

The average age adjusted suicide rate in Geauga County from 2016-2020 was

suicides

per 100,000 individuals.

More than half

of Americans report that Covid-19 has had a negative impact on their mental health.

NAMI. 2021. Ohio State Fact Sheet. Retrieved on Sept. 19, 2022 from https://www.nami.org/NAMI/media/NAMI-Media/StateFactSheets/OhioStateFactSheet.pdf. Ohio Department of Health. Jan. 2022. Preliminary Data Summary: Ohio Suicide Deaths. Retrieved on Sept. 19, 2022 from https://odh.ohio.gov/know-our-programs/violence-injury-preventionprogram/media/ohio-suicide-deaths-preliminary-2021.

United Way 211. 2022. Mental Health/Addictions for Geauga County, Retrieved on Sept. 19, 2022 from https://www.211oh.org/trends/geauga/mental-healthaddictions.

# THE RAVENWOOD HEALTH PROMISE

For 55 years, Ravenwood Health clinicians have provided essential behavioral health programs in support of children, youth, adults, and seniors. We continue to move forward as the pandemic shifts, reminding all that it is critical to maintain mental wellness.

Our services emphasize development across the entire life span from children, teens, adults, to the elderly. We focus on family, friends, and community support networks as a feature of planned services and a specific emphasis on a recovery perspective in our treatment approach of both mental illness and substance use disorders. An understanding of and sensitivity to cultural influences and diversity characterizes all services.



Our mission is to build hope, empower individuals and families, and strengthen our neighborhoods through mental health and addiction services.

# BEHAVIORAL HEALTH PROGRAMS & SERVICES

Mental Health Assessments



Community
Treatment and
Support

Addiction Treatment Services

**Counseling** 



Medication Assisted Treatment (MAT)

Psychiatry

**Suicide Prevention** 

Prevention and Outreach



Sexual Abuse Treatment



**Supportive Housing** 

Listing of services is not exhaustive



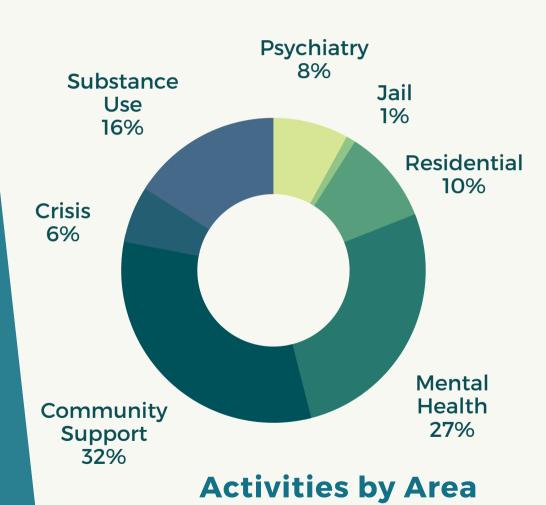
#### OUR STAFF

Our clinical and administrative team, including full- and part-time employees, has grown to about 180 people, with an annual budget of nearly \$12 million. This has remained the same throughout the pandemic. We did not have to let one team member go due to the strain put on our services utilized during lockdown.

#### 2962 UNIQUE CLIENTS

### **782 YOUTH 2180 ADULTS**

#### OUR CLIENTS



#### YOUR DOLLARS AT WORK

\$25
buys art therapy supplies
for five
children

covers five individual counseling sessions for a mom with depression

covers transportation for an adult in need of treatment

\$1000 covers homebased therapy for a family in crisis

\$100 covers play therapy supplies



#### FY'2021 HIGHLIGHTS



Implemented a new scheduling system for psychiatric appointments that dramatically reduced no-shows and cancellations while decreasing wait times.



Revitalized organizational efforts around diversity, equity, and inclusion to ensure equity is advanced internally and throughout our outreach, prevention and treatment programs.

Offered same day access to care, while providing resources to help clients cope with their challenges until their appointment with a clinician.



Purchased multiple vehicles and hired drivers to ensure clients can get to behavioral health appointments and needed care.



#### PANDEMIC RESPONSE

Throughout the pandemic, Ravenwood Health has confidently maintained the safety of our clients and staff, abiding by requirements from our local health department, state mandates, and guidelines from the Centers for Disease Control and Prevention.

Implemented innovative ways to treat our clients - through office-based, home-based, school, or community settings and through telehealth services.



Accepted new clients throughout the pandemic, offering walk-in appointments, and Medication Assisted Treatment (MAT), if needed.





Continued to make and deliver care packages, including food, self-care items, and entertainment.



Delivered technology to clients to support telehealth including iPads, smartphones, and laptops.

## 3RD ANNUAL ANTHONY DONOFRIO GOLF OUTING

THANK YOU for your support at the 3rd Annual Anthony Donofrio Golf Outing.

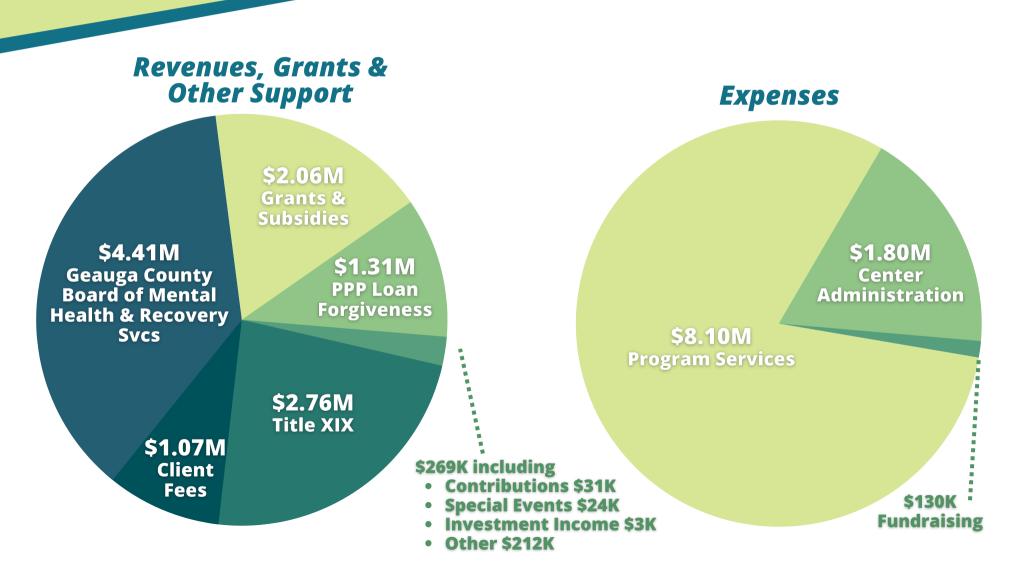
On Sunday, June 13th at Pleasant Hill Golf Course in Chardon, we again came together in memory of Anthony Donofrio. At our 3rd Annual Golf Outing, our generous community, including many of Anthony's family and friends, raised over \$13,600 in support of Addiction and Recovery Services for clients of Ravenwood Health. We had 96 golfers for an 11:00 am shotgun start and over 20 volunteers run a smooth event.

Thank you to our sponsors, golfers, donors, and volunteers. We cannot express our heartfelt gratitude enough – especially to Susan and Paul Donofrio taking lead in tribute to their son. We had laughs, shared memories, and relaxed on the greens – just as Anthony would have wanted.

To check out pictures from the day, visit HERE. Thank you, Brian Tuft, for capturing the action.



#### FINANCIALS



# BOARD OF DIRECTORS



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**Brian Jones, CPA** *Treasurer & Secretary* 

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Valerie Rutherford, MSW, BA, ADN, LISW-S, RN Matthew Jacobs Shupe, JD

#### WE'RE HERE TO HELP

For a free consultation, contact 440-285-3568. Monday-Thursday, 8:00 am - 8:00 pm; Friday, 8:00 am - 5:00pm

Main Location 12557 Ravenwood Dr. Chardon, OH

Middlefield 16030 East High St. Middlefield, OH South Street 695 South St. Chardon, OH

Chesterland 8251 Mayfield Rd., Suite 105 Chesterland, OH

Ravenwood also offers Mobile Crisis Services for emergency mental health support on-site.

### THE 988 SUICIDE & CRISIS HOTLINE

offers 24/7 call, text and chat access to trained crisis counselors who can help people in need of crisis support.

Ravenwood counselors are a part of the network of 988 hotline clinical providers.

JOINT COMMISION ACCREDITED: Ravenwood Health accepts private insurance, Medicare, Medicaid & self-pay clients. A sliding-fee scale is available to qualifying Geauga County residents.

Ravenwood Health YouTube Channel

### CONNECT WITH US

Ravenwood Health on Instagram



Lives are positively changed every day with community advocacy and neighbors like you.

With your consideration of a gift today, we can continue to hold our promise of support.

Donations can be made at https://ravenwoodhealth.org/donate/

Ravenwood Health on Facebook





Geauga County Public Library Blog



