



READY TO JOIN?



LOCATION

695 South Street, Suite 9
Chardon, Ohio 44024



HOURS

Weekdays 10:00am-3:00pm
Other Events as Scheduled

CONTACT US!

PHONE: 440-214-9124 EXT:1

CLUBHOUSE@RAVENWOODHEALTH.ORG



John Murray Clubhouse

**MEMBER
HANDBOOK**



CLUBHOUSE HOURS & MEETINGS

Monday to Friday: 10:00am-3:00pm

Morning Clubhouse Meeting: Daily @ 10:00am

Unit Meetings: Daily @ 1:00pm

Afterhours & weekend activities as scheduled

A Place of Respect & Inclusion

We do not discriminate in the provision of service on the basis of race, color, creed, national origin, religion, age, gender, gender expression, sexual orientation, lifestyle, socioeconomic status, language, handicap (physical, developmental or mental illness or disability including HIV infection, AIDS related complex, or AIDS).

All staff are guided by an agency code of ethics and, if professionally licensed, the current ethical codes applicable to their license. This includes guidance related to conflict of interest. Staff will encourage your growth and development, foster your well-being, promote your independence and recovery, and respect your rights.

Connect – Empower – Recover

OUR MISSION



To empower individuals diagnosed with mental illness to regain hopeful and fulfilling lives by achieving their social, educational and employment goals through strength based & wellness focused approach driven by friendship, shared work, & community





HEALTH & WELLNESS

As part of our focus, the Clubhouse addresses the physical well-being of our members through an emphasis on healthy living, exercise, and managing stress. We offer healthy lunches and snacks, support for exercise and weekly opportunities for wellness discussions and education.



CULTURAL DIVERSITY

Cultural variety and cultural differences exist in the world; this weekly educational discussion will enlighten and enhance the way you see your world.



ADVOCACY & GOVERNANCE

The Clubhouse has a major focus on advocacy for members and for improving the situation for everyone who has or is connected to someone with a mental illness. All major decisions in the Clubhouse are shared and made by consensus. Members are a part of the Clubhouse Advisory Board. Members and staff work together to make presentations and attend Clubhouse conferences and colleague training.



SOCIAL ACTIVITIES

Clubhouse has evening, weekend, and holiday social activities and special events. The Clubhouse decides what types of events are of interest and works to arrange whatever is needed. We offer trips in the community that are educational and recreational.



VOICES WORTH HEARING

Come share with others in our peer led groups. We have peer led groups on budgeting, wellness, healthy living, and MORE



WHAT IS A CLUBHOUSE?

A Clubhouse is a community-based psychosocial rehabilitation program for individuals with mental illness. The Clubhouse Model began in New York in 1948 with Fountain House and has grown nationally and internationally as a holistic approach empowering those living with mental illness.

Clubhouses provide opportunities for social interaction, developing relationships, employment, education, and building community are integral to the holistic approach of the Clubhouse Model.

Members and staff work side by side doing the meaningful work to run the Clubhouse. This is done through "unit work". In addition to unit work, Clubhouses offer Employment Services, Education, and Self-Enrichment.

CLUBHOUSE UNITS

John Murray Clubhouse has two units - Hospitality and Membership.

The Membership Unit welcomes new members and visitors, provides orientation to new members; and conducts the enrollment and advertising functions for the Clubhouse. Opportunities include:

- New member tour, orientation and enrollment
- Phones and reception
- Advocacy and Outreach

The Hospitality Unit greets everyone that comes to the Clubhouse and provides food service for all Clubhouse meals and activities. Opportunities to participate in the Hospitality Unit include:

- Preparing lunch
- Planning the menus
- Grocery shopping
- Food ordering
- Inventory



EMPLOYMENT OPPORTUNITIES

TRANSITIONAL EMPLOYMENT

Transitional Employment Placement (TEP) is a unique and essential feature of Clubhouses. TEP positions provide an opportunity for all members to be introduced or reintroduced to employment. These job experiences are time-limited and last from 6 to 12 months. Members choose to participate in TEP's when they think they are ready. These members continue to be a vital part of the Clubhouse during their Transitional Employment work hours and other hours when participating at the Clubhouse.

All members have the opportunity to try a variety of TE & SE Placements if they so desire. Members can go directly into independent Supported Employment, Transitional Employment or volunteer within the Clubhouse.

SUPPORTED EMPLOYMENT

Supported Employment (SE) focuses on developing a ready-to-work mindset, despite any obstacle an individual with mental illness may face. The Clubhouse also assists Members on preparing resumes and completing applications. The jobs members obtain, are your own, for as long as you wish to have them.

CLUBHOUSE STANDARDS

John Murray Clubhouse follows 36 standards set by Clubhouse International. Including:

- Membership is open to anyone with mental illness
- Membership is voluntary
- Members choose the way they use the Clubhouse
- Members have equal access to every Clubhouse
- opportunity
- All work in the Clubhouse is designed to help members
- regain self-worth, purpose, and confidence

GUARANTEES IT MEMBERS

- The right to a place for members
- The right to meaningful relationships
- The right to meaningful work
- The right to a place to return

ELIGIBILITY & FEES

To become a member of the clubhouse you must be 18 years or older, have a mental illness, and are receiving treatment. There are no fees for membership in the Clubhouse. There may be fees associated with special events if you choose to participate. You will be notified in advance of any events that include a fee.

PRIVACY POLICY

Please refer to the Notice of Privacy that you received with your intake materials for detailed information on your privacy rights. Staff are required to report to the appropriate authorities any suspected abuse and/or neglect of children, the elderly, or developmentally disabled individuals.

